



**"Work
Hard...Play
Better"**

4-Week Training Clinic for SOM Travel Ball Players (AT West Orange Armory) www.chrishenrybaseball.com

Coach Chris Henry will be holding 90 minute clinics for 4 weeks, with the focus on the committed travel ball player. Each session will be station oriented with progressive drills taught each week. One hour will be focused on proper warmups, throwing mechanics, defensive drills and situations, hitting, baserunning and mental aspects of the game. For the last 30 minutes of each session, players will have a chance to play in a live game situation or a simulated scrimmage. Coach Henry and his staff will be working closely with each player throughout the session.

Chris Henry is in his 18th year of coaching including the collegiate, high school, club and youth levels, including Kushner Academy, Madison High School, Newark Academy, West Orange High School and Union County College. He continues to coach and teach instruction at the youth and high school levels through his business with a variety of local players, Chris Henry Sports Instruction LLC and his club program, Eagles Baseball.

REGISTRATION INFORMATION: Players will be registered for this program based on their **current age at the start of the program**. Minimum of 12 players and maximum of 20 players per session. Complete the registration and waiver section and email to Coach Henry (coachhenry22@gmail.com). Payment can be made via Venmo @ChrisHenry-22 or via Credit/Debit card (4.5% Transaction Fee Applied) that will be invoiced directly to you. Registration is complete once payment has been received. The program cost is \$240 per player for each clinic, which includes four 90-minute session(s). Players may register for both days.

DATES/TIMES:

Tuesday's Clinics - 5:30-7pm (AGES 8-10 years old)

November, 29, December 6, 13 & 20

Wednesday's Clinics - 5:30-7pm (AGES 8-10 years old)

November, 30, December 7, 14 & 21

LOCATION: Soccer Palace - West Orange Armory, 1315 Pleasant Valley Way, West Orange, 07052

WHAT TO WEAR/BRING: All players should wear baseball attire, sneakers (NO CLEATS) and bring their own baseball equipment and water. In adherence to all **current** local, state and CDC Guidelines as well as facility protocols, players should have their own face mask and sanitizer or wipes (if needed).



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Fee: \$240 per session

	<u>Sessions/Dates</u>	<u>Time(s)</u>	<u>Ages</u>
O	TUESDAY CLINICS November, 29, December 6, 13 & 20	5:30-7pm	Current Age (8-10 years old)
O	WEDNESDAY CLINICS November, 30, December 7, 14 & 21	5:30-7pm	Current Age (8-10 years old)

Player Name: _____
 Address: _____
 E-mail Address(es): _____
 Grade: _____ Current Age: _____ Date of Birth: _____
 Parent/Guardian: _____ Phone: _____
 Other Contact: _____ Phone: _____

List any medical problems or conditions for which staff should be aware:

Assumption of the Risk and Waiver of Liability Relating to COVID-19/Coronavirus: Baseball, like all sports, has the inherent possibility that a participating player may be injured. By signing the attached waiver, you are hereby acknowledging that you are the legal guardian of the player and hereby agree to hold Chris Henry Sports Instruction LLC, the Coaches, Directors, Officers and/or employees harmless and indemnify them for any claims alleging negligence resulting in any injury to your child.

Furthermore, in light of the Covid-19 pandemic, you understand that by virtue of attending and participating in any game, clinic, practice and/or training session, you and your child could possibly contract Covid-19 by being in close proximity to other players. You understand this risk and understand that your child does not have to participate in these events and/or sessions. We would encourage you, if you have any reservations regarding the health and/or safety of your child to not participate in the games (camps) during this period of pandemic. Chris Henry Sports Instruction LLC cannot and will not guarantee that you or your child will not contract Covid-19 or any other infectious disease for that matter. By signing this waiver, you agree to hold harmless and indemnify Chris Henry Sports Instruction LLC for any claims alleging that you or your child contracted Covid-19 by participating in any of these events held by Chris Henry Sports Instruction LLC.

PARENT SIGNATURE: _____ **DATE:** _____